



## THE NEW TIME CRYSTAL ENERGIES IN FINLAND AND THE FINNISH PEOPLE

**Article by Anni Sennov - ULTRA Magazine 5-6/2016**

There is a very strong and pure love-intelligent Crystal energy present in Finland but the Earth's Golden materialization and creative power is almost non-existing in the Finnish society. Not many Finnish people feel happy deep inside. Life sometimes feels like a burden and the body is not happy at all. That is why many Finnish people don't take fully care of their body and they don't listen to it the way they should. The body doesn't get the respect it needs and things start to go very slowly.

The biggest issue on a personal level is loneliness.

Most Finnish people are not truly social because the Crystal energy is very individually focused while at the same time taking care of the Wholeness, but if the energies in a certain area, group or context are not high-frequency, people easily become introvert in their personal energy. So the energy in Finland is not egoistic, it is simply not as social as in many other countries. The Golden energy on the contrary, is very social and cooperative.

The energy in Finland is mainly focused on the qualities of the Earth element: being neutral, calm, stable and creating frames that are useful in daily life, but they are also focused on the qualities of the Air element, which means that it is visionary and reflective with a focus on first getting as much knowledge and understanding of different things and topics as possible and then using it and sharing it with others. Of course there are wise people in Finland who can combine not only the qualities of the Earth and Air elements but also the qualities of the Fire and Water elements.

Problems often occur if people have not yet integrated and activated the Fire element that stands for inner truth, drive and being passionate, and the qualities of the Water element that gives flow and balance and makes you adaptive to others. When people lack the Fire and Water elements, they risk freaking out and do bad things, because they cannot feel themselves and their inner personal needs. All they know is that they are NOT satisfied with the things they are surrounded by.

In this way life becomes a project and almost a job or a responsibility more than a life of true pleasure and happiness with focus on personal expansion and what you can do for yourself and others. And most clearly of all, people are not being very social.



There is no inner or personal conflict in people living in a country with full focus on the Earth and Air elements. The problem is that there is often no interest in doing things and the Golden energy is only being activated when staying or walking in nature and being together with animals. In Finland the Golden energy is not connected to being together with other people or to communicate with them, and to be able to raise the overall energy level in Finland, this situation has to be changed.

It's not a problem for people to pay money to get healing and personal wellbeing. It's a problem that people don't listen to their own needs and don't communicate with others to be inspired on a personal level. It is often knowledge and insight that is being shared, not personal stuff.

In Norway for example, many people are lazy on a mental level, in Finland they are not. In Finland people mainly use their mental intelligence and not the rest of their body intelligence and their spiritual intelligence, which is rather strange, because there are so many spiritual people in Finland. They just don't show it to their family, friends and neighbours. The spiritual influx lies deep down in their body intelligence as a hidden treasure and when it's found, a totally new life starts that often lead people to travel and explore the rest of the world, where there are of course other types of challenges but also new inspiration to get.

The Swedish-speaking part of the Finnish population has more Fire element than the "pure" Finnish energy and so do the Sami people. They get unsatisfied if they cannot follow their inner voice and if things go too slowly. So in areas with many Swedish-speaking people there is much more focus on communication and telling the truth. Otherwise, people will feel that they are being stopped in doing what feels right for them and then they become frustrated and loud speaking. That is not how things are in "pure" Finnish areas. Here people don't say a word if they are not satisfied. They keep it to themselves and then it starts growing in their mind, so finally they risk having a personal breakdown, because they have not allowed themselves to tell the truth to others.

The Sami people have much more of the Golden energy activated in their body intelligence than other Nordic people, but in Finland there isn't as much room for expressing the Golden creative power as there is in Norway, where most Sami people live a spiritual life which in many ways is separated from the rest of the Norwegian society.

In Finland there is no room to live a separated spiritual life, not even when you are Sami, unless you express your spirituality through art, design and music, etc. You have to make it visible to others in a mental and creative way that you have certain spiritual and creative skills which you have activated, so they have become an integrated part of your daily life. Then people know that they have to talk to you in a more spiritual and philosophical way, that is slightly out of the box compared to how they speak to others, and it can help them to activate more Golden energy in the body.



The Crystal and the Golden energies must begin to work together, not just nationally, but in all Finnish people. This can be done when you are together with other people and you enjoy yourself.

It's actually possible to expand your consciousness much more on a spiritual level when you meet with people who have a very different background than yourself, than when you watch a movie or go to the theatre, because you get real life experiences when you are together with other people. It's not just an imagination and a physical and mental artistic expression.

By creating networks across the country between spiritually aware and high-frequency people you can also help activating the Golden energy in Finland, and these communication lines are of much greater importance than you can ever imagine.

**[www.annisennov.com](http://www.annisennov.com)**